

Valley Mesa Summer 2026

10U Division Game Rules

(Ages 8-10)

BALL: 11" USSA approved softball (RIF 10)

PITCHING DISTANCE: 35'

BASE DISTANCE: 60'

1. **GAME TIMES** are 5:45 PM and 6:00 PM during the week and various times on Saturdays. Games are 1 hour 30 minutes (drop dead) or six (6) innings.
2. Teams play with nine (9) players on field.
3. Teams may start with eight (8) players if only eight players are present at game time. The ninth (9th) batter spot may be an out. Late arriving players may be added up to the third (3rd) inning.
4. Teams short of players may add up to three (3) pick-up players from the same division or lower division who do not have a game.
5. Teams may choose to "bat the bench" to allow free substitution and runners for pitcher and catcher.
6. All players must play at least 2 innings. No player may sit two (2) or more consecutive innings.
7. Teams may score only five (5) runs per inning except for a homerun hit ball when all runners on bases may score with a natural home run over the outfield fence.
8. All batters and any players acting as a base coach **MUST** wear a helmet with face guard.
9. Jewelry, including earrings and face piercings are **NOT** allowed. Medical bracelets are the exception. Only caps, visors or sweatbands may be worn on the field. Plain colored bandanas may only be worn under a catcher's helmet or for medical reasons.